



Starters

Pork Bombs- Plantain cups filled with our roasted pulled pork and mango salsa. Topped with a bourbon glaze drizzle. \$10.99

Mozzarella Sticks- Lightly battered mozzarella deep fried and served with a sweet basil marinara. \$10.99

Sandbar Chicken Quesadilla- A 12" tortilla stuffed with blackened chicken, green peppers, onions. Served with sour cream and pico de gallo . \$11.99

Smoked Mahi Dip- Served with flash fried tortilla chips and garnished with sliced jalapenos and pico de gallo. \$12.99

Artichoke Dip- A hearty marriage of fresh spinach, artichoke hearts, bacon, and sauteed onions. Served with tortilla chips for scooping. \$12.99

Calamari- Flash fried with andouille sausage with sweet red and banana peppers. Drizzled with a sweet and tangy sweet chili sauce with homemade marinara on the side. \$12.99

Grouper Fingers- Our crispy, yet delicate, panko crusted fingers served with our homemade tartar sauce. \$12.99

Bacon Wrapped Shrimp- Fresh Jumbo Gulf Shrimp wrapped in bacon and served with a choice of teriyaki, BBQ, or honey garlic sauce. \$12.99

Coconut Shrimp- Fresh shrimp coconut breaded and fried served with a pineapple-apricot marmalade. \$11.99

Chicago Beef Eggrolls- Authentic Chicago beef and giardiniera fried in an eggroll and served with au jus. \$11.99

Southwest Chicken Eggrolls- A combination of seasoned chicken, black beans, corn, and queso rolled into a fried eggroll. Served with chipotle ranch.

Loaded Potato Skins- Topped with melted cheese and bacon. Served with Sour Cream.

Nacho Mamma's Nachos- Fresh Fried tortillas layered with heaps of cheddar jack topped with pico de gallo, jalapenos, black olives, and homemade chili. Served with sour cream and fresh guacamole. \$11.99 (Add Chicken- \$3.00 or BBQ Pork- \$2.50)

Sandbar Beach Bread- Toasted french bread topped with blue cheese, mozzarella, parmesan, and diced tomatoes. Served with our signature marinara. \$10.99

Boneless Wings- Everything you love about our wings, but without the bones. \$11.99

Jumbo Chicken Wings- Our jumbo wings tossed in your choice of sauce or rub. (Mild, Medium, Hot, Atomic, Teriyaki, BBQ, Mesquite or Lemon Pepper rub. Served with ranch or blue cheese. \$13.99

Buffalo Shrimp- Lightly battered shrimp tossed in our homemade buffalo sauce. Served with ranch or blue cheese. \$12.99

Peel & Eat Shrimp- Fresh seasoned jumbo shrimp served hot or cold with your choice of cocktail sauce or melted butter. 1/2LB \$11.99 1LB \$20.99

The Field

Add-Ons Chicken \$5.99 / Shrimp \$6.99 / Mahi-Mahi or Salmon \$8.99

Caribbean Salad- A bed of mixed greens mixed with mandarin oranges, strawberries, and cucumbers topped with your choice of Mahi-Mahi or Salmon. Served with a mango poppyseed vinaigrette. \$16.99

Sandbar Trio Plate- Scoops of our homemade chicken salad, tuna salad, and cottage cheese. Served with pineapples and strawberries on a bed of sliced tomato with Captains Wafers. \$12.99

T.Y. Cobb Salad- A true classic! A bed of mixed greens with cherry tomatoes, crispy bacon, avocado, red onion, a hard-boiled egg, and blue cheese crumbles. \$14.99 Substitute Shrimp \$16.99

The Greek- Romaine lettuce tossed with cherry tomatoes, red onions, kalamata olives, pepperoncini peppers, feta cheese, and homemade Greek dressing. \$11.99

Caesar- Hearts of romaine tossed with a classic Caesar dressing, croutons, and parmesan cheese. \$9.99

House- Fresh mixed greens, tomatoes, cucumbers, and red onions. Served with your choice of dressing. \$5.99

Soups

New England Clam Chowder- Served with oyster crackers. Cup \$4.99 Bowl \$5.99

Handhelds

All handhelds are served with your choice of homemade potato chips, pasta salad, or coleslaw. Substitute hand-cut fries, sweet potato fries, tater tots, or onion rings for \$1.50

Crunchy Grouper Sandwich- A fresh grouper fillet breaded with panko breadcrumbs and cornflakes that's fried until golden brown. Served on a brioche roll with lettuce, tomato, and onion. \$15.99

Blackened Mahi Sandwich- A fillet of Mahi-Mahi that's blackened and put on a fresh brioche bun with lettuce, tomato, and onion. \$13.99

Lobster Rolls- Two New England style rolls grilled and filled with our blend of lobster meat, crisp romaine lettuce, and diced tomato. \$14.99

Club Sandwich- Turkey, ham, bacon, lettuce, and tomato with a hint of mayo. Piled high and served on toasted wheat bread. \$12.99

Chicago Beef Sandwich- An authentic Chicago beef sandwich served with sweet or hot giardiniera and au jus. \$13.99 Add Mozzarella \$1.25

Steak Philly Sub- Thinly sliced steak sauteed with peppers, onions, and provolone cheese. Served on a fresh hoagie roll. \$12.99 Add Mushrooms \$1.25

Chicken Philly- Seasoned chicken sauteed with peppers, onions, and provolone cheese. Served on a fresh hoagie roll. \$12.99 Add Mushrooms \$1.25

Cuban Sandwich- Slow cooked pork and ham with swiss cheese, diced dill pickles, and mustard pressed in a seasoned Cuban roll. \$11.99

The Sandbar Burger- Everyone loves a classic! A half pound ground sirloin burger served with lettuce, tomato, and onion. \$10.99 Add your choice of cheese for \$1.25

Gyro- Marinated lamb mixed with herbs and spices. Served in a hot pita with lettuce, tomato, onion, and tzatziki sauce. \$11.99

Mahi Reuben- A grilled Mahi-Mahi fillet with swiss cheese, coleslaw, and thousand island dressing served on a warm marble rye. \$13.99

Corned Beef Reuben- Shaved corned beef with swiss cheese, sauerkraut, and thousand island dressing piled high on marble rye bread. \$11.99

Chunky Chicken Salad- A chunky chicken salad with toasted almonds, grapes, and celery. Served with lettuce, tomato, and onion on hearty wheat bread. \$10.99

Chicken Classic- Your choice of a grilled, blackened, or fried chicken breast topped with swiss cheese and bacon. Served with lettuce, tomato, and onion. \$12.99

Open Faced Meatloaf Sandwich- Hearty meatloaf grilled to perfection, rested on top of garlic mashed potatoes and Texas toast. Topped with hand breaded onion rings and a demi sauce. \$12.99

Nashville Hot Chicken Sandwich- A fried chicken breast coated in our signature hot sauce topped with diced pickles and coleslaw. \$12.99

Meatball Sub- Homemade meatballs layered with melted mozzarella and topped with marinara sauce. \$10.99

Pasta

Lobster Ravioli- An all-time Sandbar & Grille favorite! These raviolis are stuffed with chunks of Maine lobster and sauteed with a creamy sherry sauce and topped with freshly diced shrimp. \$18.99

Shrimp Scampi- Jumbo gulf shrimp sauteed with white wine, garlic, cherry tomatoes, and fresh basil. Served over penne noodles. \$16.99

Angel Hair & Meatballs- A classic made with our homemade meatballs served with parmesan cheese and our sweet basil marinara. \$14.99

Homemade Lasagna- A towering Sandbar original with sweet sausage, ricotta and mozzarella cheese, and a basil marinara. \$14.99

Blackened Chicken or Shrimp Alfredo- Served with a rich creamy homemade alfredo sauce over linguini. Chicken \$15.99 Shrimp \$16.99

Chicken Carbonara- Grilled chicken breast tossed with sweet peas, roasted red peppers, red onions, and bacon in a creamy alfredo sauce served over penne noodles. \$15.99

Chicken Picatta- Sauteed chicken with tomatoes and capers in a white wine lemon butter sauce. Served over angel hair pasta. \$15.99

Chicken Parmesan- Hand breaded chicken breast served over angel hair pasta then smothered in mozzarella cheese and marinara. \$15.99

Heart of the Order

Fish-N-Chips- An English Pub classic of beer battered Cod with hand-cut fries and coleslaw. Served with tartar sauce. \$14.99

Grouper Dinner- Served grilled, blackened, or fried and your choice of two sides. \$19.99

Grilled Salmon Dinner- Salmon grilled to perfection and topped with our homemade mango-apricot glaze. Served with rice and veggies \$15.99

Fried Shrimp Dinner- Fresh gulf shrimp breaded and fried a golden brown. Served with hand-cut fries and coleslaw. \$14.99

Grilled Chicken Dinner- Two mango-apricot glazed chicken breasts grilled and served with rice and vegetables. \$16.99

Sandbar BBQ Ribs- St. Louis Style ribs slow cooked until almost falling off the bone, smothered in BBQ sauce. Served with hand-cut fries and coleslaw. \$18.99

12 Ounce New York Strip- Lightly seasoned and char-grilled to order. Served with garlic mashed potatoes and vegetables. \$18.99

Sandbar Grilled Meatloaf- Our famous meatloaf is piled high on roasted garlic mashed potatoes, topped with our mushroom demi sauce and onion rings. \$15.99

Tacos

3 Flour Tortillas stuffed with your choice of protein. Served with flash fried tortilla chips, guacamole, and pico de gallo.

Shrimp Tacos- Fresh seared gulf shrimp with a fresh cilantro lime coleslaw and pineapple salsa. \$14.99

Mahi Tacos- Pan seared Mahi-Mahi topped with a fresh cilantro lime coleslaw and pineapple salsa. \$15.99

BBQ Pork Taco- Slow cooked BBQ pork topped with fresh coleslaw. \$11.99

Beef Tacos- Seasoned ground beef topped with shredded cheddar jack cheese and pico de gallo. \$12.99

Chicken Tacos- Chicken grilled to perfection, topped with pico de gallo and shredded cheese. \$12.99

Wraps

All wraps are served with your choice of homemade potato chips, pasta salad, or coleslaw. Substitute hand-cut fries, sweet potato fries, tater tots, or onion rings for \$1.50

Buffalo Chicken Wrap- Crunchy fried chicken tossed in buffalo sauce and wrapped with cheddar cheese, lettuce, and tomato. Served with ranch or blue cheese. \$10.99

Chicken Caesar Wrap- Grilled chicken breast with crisp romaine lettuce, parmesan cheese, and our homemade caesar dressing. \$10.99

Philly Cheese- Thinly sliced steak sauteed with peppers, onions, and provolone cheese. \$11.99
Add mushrooms for \$1.25

BLT- The classic! Bacon, lettuce, and tomato with mayo. \$10.99

Fajitas

Grilled peppers and onions with fajita seasonings sizzling on a cast iron skillet served with sour cream, pico de gallo, and shredded cheddar jack cheese.

Chicken- \$14.25

Beef- \$15.25

Shrimp-\$16.25

Pick Two- \$17.25

Closers

Chocolate Cake- \$5.99

Key Lime Pie- \$5.99

Kid's Corner

All items- \$6.99

Cheeseburger & Fries

Grilled Cheese & Fries

Chicken Fingers & Fries

Mac & Cheese

Spaghetti and Meatballs

Specialty Pizzas

Sandbar Supreme- Pepperoni, sausage, mushrooms, onions, black olives, and green peppers.

10" \$14.49 14" \$20.49 16" \$22.49

Buffalo Chicken- Chopped and grilled chicken breast tossed in buffalo sauce, topped with mozzarella cheese and a ranch drizzle.

10" \$13.49 14" \$17.49 16" 19.49

Margherita- Freshly sliced tomatoes, garlic, and fresh basil over mozzarella cheese.

10" \$13.49 14" \$17.49 16" 19.49

BBQ Chicken- Chopped and grilled chicken breast tossed in BBQ sauce and topped with mozzarella cheese.

10" \$13.49 14" \$17.49 16" 19.49

Build Your Own

	10"	14"	16"
Plain	\$10.49	\$15.49	\$17.49
1 Topping	\$11.49	\$16.49	\$18.49
2 Toppings	\$12.49	\$17.49	\$19.49
3 Toppings	\$13.49	\$18.49	\$20.49
4 Toppings	\$14.49	\$19.49	\$21.49
5 Toppings	\$15.49	\$20.49	\$22.49

Toppings

Pepperoni, Sausage, Ham, Bacon, Mushrooms, Green Peppers, Banana Peppers, Onions, Black Olives, Tomatoes, Pineapple, Fresh Spinach. Add Anchovies \$3.00